

LARC Clinical Training Opportunities

Method-Specific Training Opportunities

- Kyleena® (levonorgestrel-releasing intrauterine system) 19.5mg; | Bayer HealthCare Pharmaceuticals
 - » [Watch an insertion and removal video](#)
 - » [Request a training](#)
 - » [Get more information](#)
- Liletta® (levonorgestrel-releasing intrauterine system) 52mg | Medicines360
 - » [Watch an insertion and removal video](#)
 - » [Request a training](#) or by calling 1-800-678-1605
 - » [Get more information](#)
- Mirena® (levonorgestrel-releasing intrauterine system) 52mg | Bayer HealthCare Pharmaceuticals
 - » [Watch an insertion and removal video](#)
 - » [Request a training](#)
 - » [Get more information](#)
- Nexplanon® (etonogestrel implant) 68mg | Merck & Co., Inc.
 - » [Request a training](#)
 - » [Get more information](#)
- ParaGard® (intrauterine copper contraceptive) | CooperSurgical, Inc.
 - » [Watch an insertion and removal video](#)
 - » Request a training by calling 1-877-PARAGARD (1-877-727-2427)
 - » [Get more information](#)
- Skyla® (levonorgestrel-releasing intrauterine system) 13.5mg | Bayer HealthCare Pharmaceuticals
 - » [See insertion and removal instructions](#) (pages 2-11)
 - » Request a training by calling 1-888-84-BAYER (1-888-842-2937)
 - » [Get more information](#)

Brand Name	Description	FDA-Approved Duration of Use	Researched Extended Use	Size (horizontal x vertical)	Insertor Tube Diameter	Typical Use Failure Rate
Kyleena®	19.5mg LNG IUD	5 years	N/A	28mm x 30mm	3.8mm	0.20%*
Liletta®	52mg LNG IUD	6 years	N/A	32mm x 32mm	4.4mm	0.20%*
Mirena®	52mg LNG IUD	5 years	Up to 7 years	32mm x 32mm	4.4mm	0.20%*
Nexplanon®	68mg ENG im-plant	3 years	Up to 5 years	40mm x 2mm	N/A	0.05%
Paragard®	Copper IUD	10 years	Up to 12 years	32mm x 36mm	4.01mm	0.80%
Skyla®	13.5mg LNG IUD	3 years	N/A	28mm x 30mm	3.8mm	0.20%*

Table information from device prescribing information and [ACOG Practice Bulletin No. 186](#).

*for all LNG IUDs

General Training Opportunities

Beyond the Pill

The [Beyond the Pill](#) program from the [Bixby Center for Global Reproductive Health](#) at the University of California, San Francisco (UCSF) partners with health care providers, researchers, and educators to improve women's access to effective contraception and reproductive health care. This training program is designed to increase provider knowledge and skills for IUDs and implants and improve women's access to these methods of birth control.

- [Free online training](#)
- [On-site training information](#)
- For more information on trainings, please contact Julia Hankin (Training Coordinator) at 1-415-502-0331 or Julia.Hankin@ucsf.edu.
- For additional online training information, please contact Connie Folse (Lead Health Educator) at connie.folse@ucsf.edu.

Contraceptive Technology

[Contraceptive Technology](#) hosts conferences that cover advances in women's health and contraception and topics including new and future methods of contraception, sexuality, recurrent vaginitis, adolescent health, and STD treatment. The conferences include interactive sessions and hands-on workshops.

- [Information on upcoming training sessions](#)

Essential Access Health

[Essential Access Health's Learning Exchange](#) is a resource for information about best practices in the provision of quality, patient-centered sexual and reproductive health care in diverse settings. Training formats include hands-on clinical practice in IUD and implant placement, Family Planning Health Worker Certification trainings, live webinars, online courses, in-person trainings, and an annual conference. The Learning Exchange also offers custom trainings and is a certified provider of continuing education credits.

- [List of training opportunities](#)
- To request an private on-site training, please visit the [Private Training Request webpage](#) or call the Learning Exchange training line at 1-213-386-5614 (x4580).

National Clinical Training Center for Family Planning

The [National Clinical Training Center for Family Planning](#) (NCTCFP) provides training for family planning Nurse Practitioners, Certified Nurse Midwives, Physicians and Physician Assistants. NCTCFP offers a national family planning training symposium, reproductive health conference, and clinical webinars.

- [List of training opportunities](#)
- For more information, please contact Tracy Van Vlack (LARC Training Manager) at 1-866-91-CTCFP (1-866-912-8237) or vanvlackt@umkc.edu.

Postpartum Contraceptive Access Initiative (PCAI)

The [Postpartum Contraceptive Access Initiative](#) prepares obstetrician-gynecologists and other health care providers to offer the full range of contraceptive methods to women after delivery through comprehensive, individualized trainings.

- [More information](#)
- [Request a training](#)

Reproductive Health Access Project

The [Reproductive Health Access Project](#) delivers hands-on IUD and contraceptive implant training for primary care clinicians through their Hands-On Reproductive Health Training (HART) Center. This program offers training material, curricula, and hands-on opportunities for providers interested in integrating IUD and contraceptive implants into their clinical practice.

- [More information](#)
- [Instructions on setting up a training](#)

Upstream USA

[Upstream USA](#) provides on-site, comprehensive consulting and technical training to health centers so that they can provide the full range of contraceptive methods, same day, including IUDs and implants. This training includes CME/CE-accredited content for clinicians, such as LARC placement skills, and offers counseling tips for health educators, counselors, and medical assistants and in-depth revenue cycle management assistance and/or coding review for billing and financial staff.

- [On-site training information](#)

This resource was last updated on July 17, 2020. Please visit the LARC Program at acog.org/larc for more information or email larcprogram@acog.org with suggestions or comments.

This information is designed as an educational resource to aid clinicians in providing obstetric and gynecologic care and use of this information is voluntary. This information should not be considered as inclusive of all proper treatments or methods of care or as a statement of the standard of care. It is not intended to substitute for the independent professional judgment of the treating clinician. Variations in practice may be warranted when, in the reasonable judgment of the treating clinician, such course of action is indicated by the condition of the patient, limitations of available resources, or advances in knowledge or technology. The American College of Obstetricians and Gynecologists reviews its publications regularly; however, its publications may not reflect the most recent evidence. Any updates to this document can be found on www.acog.org or by calling the ACOG Resource Center.

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